

# The Lighthouse Beacon

A quarterly publication for Lighthouse Center members and friends  
Lighthouse Center, Inc. is a non-profit spiritual development center founded by Chetana Catherine Florida

Gurudev Shree Chitrabhanuji's  
Message

## The Freedom of Choice

from Jinamanjari Journal  
USA and Canada

**M**editation is to free oneself from bitterness and sadness of past conditions and judgments. Because of our programmed beliefs, even religion, which means to unite, is used to separate one from another. Many people have narrowed their life and placed themselves in a fold by thinking, "I am Moslem." "I am Hindu." "I am Jain." "I am a Jew." "I am a Christian." "They are not like me; they are all outsiders." By belief, one has blocked and alienated oneself from mankind and living beings who are helping our existence in many ways, visibly and invisibly. Meditation helps to break the self imposed limitations on oneself and to live liberated in a "uniting" universe...

The Jaina philosophy does not build our life on the past but on the living present. To me, a good life is a healthy loving life. A good life is a creative life. It is that life where we want to have the awareness that we can choose what we want to choose and make the choice to accept and let go of the dead past and live in the living present.

If we don't let go of the past, we cannot move forward. I am reminded of two friends in India who decided to cross the Ganges River by boat in Benares. They were drinking bhang, a stimulant, and were feeling energetic because of intoxication and the beautiful full moon. They decided to cross the river to another town to get good food. The whole



night they rowed and rowed. But when it was dawn, they saw people on the shore who looked like the people from the night before. One of them said, "This place looks exactly like Benares." So, they stepped ashore and asked, "Where are we?" They were told that they were in Benares. "Benares? But how can that be? We have been rowing and rowing the whole night." Only then did they find out that in their intoxication they had forgotten to untie the rope from the jetty. The rope was over 200 feet long, so that had moved from here to there, but what about us? We want to move forward, but we don't untie ourselves from the anchoring past habit and beliefs. Whenever we talk, we talk about the past and go on playing the old worn-out record. Even in therapy for years, our mind roams in the empty rooms of

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### ***Our Mission***

We are committed to inner peace and peace in the world, as we practice meditation and Ahimsa toward ourselves and others. We respect other points of view and strive to live in harmony with nature and all living beings. This is the greatest opportunity for spiritual growth and enlightenment.

### ***Our Philosophy***

**We believe ...** in the Divine Consciousness within everyone.

**We believe ...** in Ahimsa, nonviolence, in all of our thoughts, words, and actions, including the practice of vegetarianism.

**We believe ...** that the Truth has many aspects, and we respect other points of view.

**We believe ...** in acting as examples of humanity, as we express our love and compassion and Ahimsa.

**We believe ...** that in doing our meditations and spiritual practices, we begin to successfully live at peace within ourselves and in the world.

*revised 2005*

## ***The Lighthouse Center***

The Lighthouse Center, Inc., located in Whitmore Lake, Michigan, is a nondenominational meditation center founded in 1979 by Chetena Catherine Florida. It was incorporated in 1989 as a nonprofit organization, and currently has over 300 members.

740 East Shore Drive  
P.O. Box 645  
Whitmore Lake, MI 48189  
Phone: 734-449-0611  
Fax: 734-449-5004

### ***For More Information***

Visit us on the web:  
[www.lighthousecenterinc.org](http://www.lighthousecenterinc.org)

#### **The Beacon Newsletter Staff:**

Editor: Nirmala Nancy Hanke  
Calendar: Praparkar Dan Pieri  
Layout: Richard Smoot

### ***Everyone is Welcome***

The Lighthouse Center community is a diverse group of individuals with a common goal of practicing Ahimsa (nonviolence).

#### **Everyone is Welcome**

You do not have to be a member to join us for classes and meditations.

#### **Sponsorship**

The Lighthouse Center depends on its members and friends to sustain it with their generous donations of money, time and talent.

#### **Membership**

If you do choose to become a member, pledges of \$360 a year (\$30 a month) are gratefully accepted. Volunteering of time can contribute towards your pledge (1 hour equals \$15 in pledge). See form at back of this publication

#### **Getting Involved**

The Lighthouse has various committees (open to all members and friends), a Board of Directors, and a Director of Operations to collectively develop our various goals and manage the daily operations of our center.

Assisting in running the center and helping out in different functions is a wonderful way to make a difference and develop new friendships.

#### **E-mail List and Mailing List**

Get on the electronic and/or postal mailing list by filling out the form in the back of this publication, to get updates on classes and events.

## The Freedom of Choice.....continued from front page

past phantoms. Clinging to the past dogmas, we turn from a plum into a prune.

Mahaveer said, "Don't just go to your power within." Ask yourself: "Who am I and what is my power? How do I see myself? Why did I not choose the right things? Do I allow others to tell me what I can and cannot do?" Remind yourself that others are only projecting themselves onto you. What they say does not reflect you; it reflects on them. If they deny certain things, they are not denying you; they are denying themselves. Their statements do not apply to you.

A couple of years ago several students from the United States came to India with us, and visited Shatrunjaya in Palitana. In this group there were two people who were trying to come to terms with their guilt. They were not happy with the past and had been going to various types of therapy for many, many years. I had known both of them for a long time and now they traveled all the way to India to have some special time to study for self-awareness, for self-realization. They visited the mountains and caves where many people became enlightened. We climbed Mount Shatrunjaya, where a cluster of temples adorns the top of a holy mountain. On top of the highest of the temples, we had a special ceremonial meditation to let go of the past, to let go of the mind.

Anyone who wants to free oneself from wrong belief, guilt and sin is free to choose the Jain method of saying this mantra: Savva Pava Panasano, which vibrates to liberate. Here savva means all; pava means guilt and negativity; and panasano means destroyed. All guilt and sins of the past are destroyed. The next part of the mantra is: mangalanam cha savvesim. From that moment, mangalanam benedictions and blessings start pouring on us from all directions. This is the greatest among all benedictions, all blessings. In this way one goes deep into oneself. Deep into the source, one creates a fine insight and incinerates all the negativities. One accepts oneself as gold, purified of all dross.

Of the two people, I mentioned before, one came up from the mantra meditation and said with joy. "I am free! Free from the burden of the load of past negativities." What she had not been able to do in twenty years happened spontaneously in that moment. Collecting all the junk of the past, collecting all guilt of the past, she incinerated them, cleansed herself of them, and forgave herself. She did not need to go anywhere to be forgiven, to be saved. She said, "I burned the negativity and threw the ashes away, and I came back to my clean self." It was true for her because she believed it to be possible. Her belief became her reality, a fact for her.

But the other person said, "How can you burn all your past and your mistakes, your guilt? You can't. It is impossible." Often when we want to cling to our past, we can find arguments to support our condition. We are logical people - human beings are reasoning animals - and to make life miserable, we find so many logical reasons. We pick up a book which was written by one person who heard a second person quoting a third person, and then edited by a fourth person. We now take this as the real message and we say, "It is written! It is our original sin and it cannot be undone. We believe it!" It is written that a savoir is needed or else we risk damnation and will go to hell; we believe it. But none of this is what the master interpreter said. A master is he or she who does not insult human dignity. Do you think the master will say, "If you don't embrace me, you will go to hell." Such an idea cannot come from any master; it comes from the egotistical interpreter. The masters help you see beauty. They give you their shoulders to climb up on to see more, to be taller not smaller. They don't want to see you shrink; they want to see you grow.

Real parents are those who expect their son or daughter to be better than they are. Parents aspire to see their children go one step farther than they went. The son or daughter draws inspiration from the parents. If a child makes mistakes, the parents do not put the child down, but see it as a

growing process and lack of experience; experiencing the pain of mistakes, the mind gains wisdom. To see the light of goodness behind the clouds of mistakes, we first have an eye to perceive goodness in oneself; only then can we see beauty everywhere.

Earlier I mentioned two people who were part of our meditation in letting go of guilt and negativity. One of them found many reasons to hold on to the past; the other willed it to be free and her seed blossomed into a smiling flower. You may think, "That does not happen." But with her it did. She let go of old thinking and discovered she was free. Such an experience brings inner peace.

Not only she but anyone can recover from guilt by getting in touch with all pervading loving energy to discover one's pure nature. Believe in your freedom to let go of the past! Be free and open to let the blessings pour in. Go deep into yourself, experience yourself, and believe in yourself. This is an understanding that comes only from your introspection, from your self-realization. Visit all the corners of your consciousness. See your strengths and erase your weaknesses. Accept yourself. Gradually build your self-image. Feel your thoughts of "I am free and I choose to be happy. I choose to be peaceful; it is my nature." So, let us release the past and have peace. Let us experience the presence of the divine energy which is within each of us.

Let us share a final universal blessing:  
Let the whole universe be blessed.  
Let everyone be engaged in one another's well-being.  
Let all faults and mistakes of the past be effaced and vanished.  
Let everyone, everywhere, be healthy, happy peaceful and blissful.  
Om Shanti, Shanti, Shanti.  
Peace, Peace, Peace.



# Upcoming Lighthouse Events

## WEEKLY

### ◆ Sunday Candlelight Meditation and Healing

6-7 pm every Sunday. All are welcome for a candlelight meditation. Reiki healers are available for healing during meditation.

## BI-WEEKLY

### ◆ Friday Intensive Meditation

7:30pm-10:00pm the first and third Friday of the month. Doors open at 7:00 p.m. Meditation lasts approximately 2 ½ hours, during which time individuals may quietly enter and exit the sanctuary. It is suggested, because of past experiences, that one already be a mantra meditator.

## MONTHLY

### ◆ Sunday Board Meeting

9:30am-11:30pm the fourth Sunday of the month. NOTE: Occasionally, due to holidays and travel commitments, the Board meets earlier in the month, so please call *Prachi Patricia Thiel* (734) 449-4381 to verify exact date and time.

◆ **Learn To Meditate** Meets on the last Friday of every month from 7:00 PM - 9:30 PM. Learn how meditation works and try it out! Or come for a refresher- all meditators are welcome. Given by Nirmala Nancy Hanke. Cost \$35.00 or \$15.00 to repeat.

Peace cannot be achieved through violence, it can only be attained through understanding.

Ralph Waldo Emerson  
(1803-1882)

April - June 2008

## APRIL

**Remembrance Meditation for Chetana** Wednesday, April 2, 6-8 pm.

**Icon Workshop** given by Aruna Olga Bachmann Thompson, Saturday, April 5, 10am-6pm. Call Aruna to register: 810-623-0510.

**Book Discussion Group** given by Devendra Don Levitt, on Eckhart Tolle's "A New Earth", Wednesday, April 9, 7-8:30pm. No cost: love donation.

**Movie Night** Friday, April 11, 7:30-9:30pm: "Ten Questions for the Dalai Lama". No cost, love donation.

**Lakshmi Puja** Sunday, April 13, 3-5:30pm. Cost: \$45/family, \$48 proxy, if you can't attend in person. Call Prachi 734-449-4381, to register.

**Reiki II** given by Lalita, Thursday, April 24, 7-9:30pm and Saturday, April 26, 10am-7pm. Contact Lalita to register, 734-355-3311 or lalitaben@gmail.com.

**Chakra Class** given by Nirmala Hanke, Thursday, April 24, 7-9:30pm for 8 weeks, through June 12. Prereq: 2 months' mantra meditation; Heart Empowerment class also recommended. Cost: \$90 pledging/\$105 non-pledging. Call Prachi to register 734-449-4381.

**Astrology Class** given by Bon Rose Fine, Sunday, April 27, 1:45-4:30. Call Bon Rose for more info: 734-434-4555.

## MAY

**Chitrabhanuji Seminar** Saturday-Sunday, May 3-4, 10-noon, both days. Also Open Discussion Sunday 3pm. Cost: love donation.

**Book Discussion Group** with Devendra Don Levitt. Wednesday, May 7, 7-8:30pm.

**Board Meeting**, May 18, 9:30am-11:30pm.

**Icon Workshop** Saturday, May 31, 10am-6pm, with Aruna Olga Bachmann Thompson.

## JUNE

**Icon Workshop** Sunday, June 1, 10am-6pm.

**Chitrabhanuji Talk** Friday, June 13, time tbd.

**Astrology Class** with Bon Rose Fine, Sunday, June 29, 1:45-4:30pm.



## LIFE CHANGES

**Transcended Beings** We send Love and Light to this transcended being for her transition and to family and friends:

**Judy White Moon Counts**, 71, mother of Mary Beth Shalimar Counts, and one of Chetana's first students, transcended on February 12, 2008.

"Knowledge is important, but much more important is the use toward which it is put. This depends on the heart and mind of the one who uses it."

*Dalai Lama*

## Lighthouse Board Elections

The Lighthouse has just completed the election process for openings on the Lighthouse Board. New to the Board for a two year term are: Mukta Tana Dean, Aarti Meg Graff, and Sarita Susan Sternberg. On Sunday, April 27th the Board welcomed these new Board Members and elected the following officers: Becky Kleinschmidt, President; Nancy Hanke, Vice President; and Meg Graff, Secretary. Penni Helsene will continue as Treasurer for two more years.

In the last couple of months Iam Post and Olga Bachmann Thompson resigned from the Board and Nancy Hanke and Judy Shepard will be completing their two year terms. Also, Roberta Shaw-Reeves and Barbara Blanden are retiring from the Board. Many thanks for all of your hard work!

Congratulations and Welcome to our new Board members and officers!

**Lighthouse Center Calendar**

**April 2008**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2 Remembrance Meditation Chetana 6-8pm	3	4 Intensive Meditation 7:30-10:00pm	5
6 Candlelight 6-7:15pm	7	8	9 Book Discussion Group- 7-8:30pm	10	11 Movie Night 7:30-9:30pm	12
13 Lakshmi Puja 3-5:30pm Candlelight 6-7:15pm	14	15	16	17	18 Intensive Meditation 7:30-10:00pm	19
20 Candlelight 6-7:15pm	21	22	23	24 Chakra Class 7:30-9:30pm Reiki II 7-9:30pm	25 Learn To Meditate 7-9:30pm	26 Reiki II 10 am - 7pm
27 Board Meeting 9:30-11:30am Astrology Class 1:45-4:30pm Candlelight 6-7:15pm	28	29	30			

**May 2008**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Chakra Class 7:30-9:30pm	2 Intensive Meditation 7:30-10:00pm	3 Chitrabhanuji Seminar 9:30-11:30am
4 Chitrabhanuji Seminar 9:30-11:30am and 3-4pm Candlelight 6-7:15pm	5	6	7 Book Discussion Group 7-8:30pm	8 Chakra Class 7:30-9:30pm	9	10
11 Candlelight 6-7:15pm	12	13	14	15 Chakra Class 7:30-9:30pm	16 Intensive Meditation 7:30-10:00pm	17
18 Board Meeting 9:30-11:30am Candlelight 6-7:15pm	19	20	21	22 Chakra Class 7:30-9:30pm	23	24
25 Candlelight 6-7:15pm	26	27	28	29 Chakra Class 7:30-9:30pm	30 Learn To Meditate 7-9:30pm	31 Icon Workshop 10am-6pm

**June 2008**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Icon Workshop 10am-6pm Candlelight 6-7:15pm	2	3	4	5 Chakra Class 7:30-9:30pm	6 Intensive Meditation 7:30-10:00pm	7
8 Candlelight 6-7:15pm	9	10	11	12 Chakra Class 7:30-9:30pm	13 Chitrabhanuji Talk time TBD	14
15 Candlelight 6-7:15pm	16	17	18	19	20 Intensive Mediatation 7:30-10:00pm	21
22 Board Meeting 9:30-11:30am Candlelight 6-7:15pm	23	24	25	26	27 Learn To Meditate 7-9:30pm	28
29 Astrology Class 1:45-4:30pm Candlelight 6-7:15pm	30					

## President's Message

Dear Members  
of the Lighthouse Center,

Wow, how time flies... here it is the beginning of the second quarter of 2008 and so much has taken place. Allow me to update you on "what's been happening" at the Center.

First, we have had some major changes on the Board of Directors. Jai Shree – Roberta Shaw-Reeves, our incredible President since Spring of 2006, resigned in February to avail herself to her family as they traverse through a family health crisis. We send Jai Shree much gratitude for her service to the Center and her family continuous love and light.

When Jai Shree informed me of her decision to resign, I was immediately grateful of our close working relationship on the Board which has enabled me to do what is needed - all the while knowing she is a phone call away for her valued counsel. We have been very blessed to have had Jai Shree's leadership and guidance these past two years.

There were two additional resignations from the Board in February: Aruna-Olga Thompson and Eshavas-Iam Post. Both of these valued Board members will be missed and remain part of the Lighthouse Center family as does Jai Shree. In their stead, Nirmala-Nancy Hanke and Judy Shepard have "stepped up to the plate" to complete the terms of Olga and Iam.

March first was the First Annual LHC Appreciation Dinner orchestrated by Nirali-Becky Kleinschmidt and Nirmala-Nancy Hanke. Asha and Nick Sheth were our gracious hosts as they opened their home to us, prepared a delicious buffet and provided an environment of humor and love. It was a delightful evening and a good time was had by all.

Board of Director elections will take place the end of April and will be in accordance with the LHCI Bylaws and Election Guidelines. In addition, the Budget and Finance Committee is reviewing "tier membership" for Pledging Members, the LHCI Policies

and Procedures Manual is under construction and our Investment Strategy is in place. The new Board will find a strong infrastructure in place from which to carry on the business of the Center.

Jerry Hosier from Homewood Builders & Restoration, Howell, MI, won the bid to repair the LHC roof leaks. The repair is to be done in April. This ought to leave the Center in good shape structurally.

Web Master, Mutka-Tana Dean, continues to do a fantastic job in maintaining and updating our website: [www.lighthousecenterinc.org](http://www.lighthousecenterinc.org). This is a key source for information, activities and events at the Center.

Be sure to check it out.

Remember, all Board meetings are open to the membership. They are held on the 4<sup>th</sup> Sunday of each month at 9:30 a.m. Everyone is welcome.

In closing, a hearty thank you to all our volunteers for contributing your time, talents and energy to the on-going mission of the Center. You are truly appreciated!!

Love and Light to All,  
Barbara Blanden

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### Volunteer Appreciation Dinner

About 30 Lighthouse members gathered together for the first Appreciation Dinner on Saturday, March 1st, held at Asha and Nick Sheth's home. Asha and Nick were wonderful hosts for this event, they not only cooked but entertained us. The menu was very tasty.

The Appetizers were Fresh fruit, a Vegetable Tray, Papadum, baked Rice Cakes and wonderful spicy Cilantro Chutney (my personal favorite). The main menu included Chapatti, Stuffed Baby Egg Plants with Peas, Potato Bhaji, Tuber Dal, Rice Pilaf and Mango Pulp that was served off to the side in little cups. And for Dessert we had Sweets & Vegan Cake.

After we ate and did some visiting we played a kind of musical chairs game, we tossed a bear when Nick stopped the music and the person that had the bear had to pick a question or a statement out of the bowl and do what it said. Unfortunately I was the first to get a question and it said 'Tell a Joke', now I think that I can be a funny person, but could not for the life of me come up with a joke, I just don't remember jokes. Fun was had by all.

We also joined in with Raksha Penni Helsene for 30 minutes of her laughter 101 exercises, which energized and filled us with joy and smiles. Nirali inspired and uplifted us with a poem she wrote just for the Appreciation Dinner: "Through the Skylight."

We all felt that this was grand success at our first Annual Appreciation Dinner. We were all so encouraged by this success that talk was on 'How about a summer picnic too?' I'm sure that this is going to be the beginning of wonderful meals and times together in our beautiful loving community. See you at the next event.

In light and love,  
Judy Shepard

#### THROUGH THE SKYLIGHT by Nirali

From Candlelight to Candlelight  
The Lighthouse Beacon Shines  
It is you who makes it possible  
Ahimsa blossoms among the pines

You are the change  
That the world needs to see  
You are the candle  
That ignites compassion in humanity

You are the laughter  
That emerges through the skylight of  
dawn  
You are the mantra  
Loving as a doe to a fawn

You are courageous  
With a soul's quest to be free  
The Beacon embodies your spirit  
From your strength it illumines the sea

## Remembrance Service for Chetana

Wednesday night, April 2nd, Bhagwan and I went to the meditation at the LHC for Chetana on the day of her transcendence. Chetana had channeled many spiritual readings for me while I had cancer in 1991-1992. She told me quite clearly that Spirit said I would heal from the cancer and I did. Those in the sanctuary could feel Chetana was with us; her energy field was strong and it was very peaceful. During the meditation I asked Chetana to be with me on this healing journey, felt her love and knew that she was. Afterwards we sat in a circle and we each picked an angel card from the basket. When it was my turn, I picked the Angel of Healing, and everyone broke into applause. I knew the healing angel was a message from Chetana and she was telling me I would heal. I have felt so much more at peace since then, and so moved by Chetana's love and assurance. Chetana was about unconditional love, and of course still is...though on a different plane. Thank you Chetana...my heart sings in joy.

With Love, Light, Gratitude, Hope, and Faith,  
Sarita

### New Book Release

from *Lighthouse Member* - Mukta Tana Dean

For the last 3 years I have been working on a book that 'just wouldn't go away'. It sat gathering dust off and on. But, it kept coming back, always encouraging me to write. So, last year I decided to finish it and the magic of publishing has happened, the was book published this April.

Titled *Your Money, Your Power: 10 Ideas for Mindful Spending* the purpose of the book is to help us learn that our money and our actions have the power to create a

more peaceful and healthy world. Some ideas include: value investing, healthy food, living in gratitude and positive self-talk. There is a workbook in the back so you can carry this book with you to help you track your ideas and how you are applying them daily.

There were times when it felt as though the book was 'directed'. Many times, especially late at night when I would write, I would quietly sit at the keyboard and ask for guidance for the ideas that I felt the need to write about. It has been a 'magical' process and my wish is for it to help people and our planet.

The *Influences* section where I mention some of the influences that brought me to write this book include Chetana Catherine Florida, Gurudev Chitrabhanuji and The Lighthouse Center. I am so grateful for the spiritual teachers that I have been sent and the Lighthouse Center that is my spiritual home.

Someone who has encouraged me throughout is Priti Paula Yocum, a Lighthouse member and student of Chetana Catherine Florida. I will always be grateful for her generosity as my friend. She is the Creative Director for the book. Her skill and intelligence has helped to create a book that is beautiful and professional. The challenge would have been so difficult without her – Thank You!

My website and the book are focused on three basic ideas: Abundant Lifestyle – *dispelling the internal unhappiness*, Green Living – *creating a healthy planet*, and Healthy Body, *our natural state when our internal and external environments are in harmony*.

The book also discusses giving as a mindful practice and 5% of the profits will be donated to charity, a portion of that will be given to the Lighthouse Center. The book is available at Amazon.com (or will be soon) and on my website – www.TanaDean.com

Love to All Beings,  
Mukta Tana Dean

## Lighthouse Board Of Directors

Becky Kleinschmidt,  
President  
734-649-1234  
golphers@aol.com

Nancy Hanke,  
Vice President  
734-645-2188  
nirmalanh@aol.com

Meg Graff,  
Secretary  
517-404-1631  
graffhome@yahoo.com

Penni Helsene,  
Treasurer  
810/227-2907  
pdhelsene@aol.com

Gail Salata,  
Assistant Treasurer  
810-231-4986  
rigaer@chartermi.net

Tana Dean  
810-603-9325  
tavaree4@yahoo.com

Claire Mautner  
248-288-6101  
clairegoodheart@aol.com

Judy Shepard  
810-599-8855  
judithfoxshepard@yahoo.com

Susan Sternberg  
734-424-0342  
susan@dogsinparadise.com

Jon Swanson  
734-741-1240  
jcs1943@gmail.com



# Lighthouse Members

To receive a spiritual name from Gurudev Chitrabhanuji, one must be committed to Ahimsa (nonviolence), reverence for all life, to being a vegetarian and a meditator.

**Aarti** Meg Graff (AHR-tee)  
Light burns even in darkness

**Adinath** Mark Hutton (AH-DEE-NOT) 1<sup>st</sup> Tirtankar

**Ajit** Rodney Smith (AH-GEET) 2<sup>nd</sup> Tirtankar; invincible

**Akash** Jon Swanson (Ah-KASH) Open sky, unlimitedness

**Ambaa** Julia Levitt (UM-BAH) Goddess of Protection, mother's energy, nourish the inner child.

**Amita** Emma Hutton (UHMEE-tah) Infinite; all things belong to me

**Amruta** Felicity Hane (Um-ROO-tah) Nectar; Immortal

**Anandi** Anna Hutton (Ah-NAN-dee) Full of joy, bliss, delight, State of perfection

**AnnaPurna** Emma Donofrio (AHNA POO-R-na) Goddess of Nourishment, inspiring others to do their best

**Anu Radha** Mary Morin (Ah-new RAH-dah) Complete, burn all karmas, Clean for Enlightenment, Krishna's consort

**Apurwa** Edith Chance (Up OOR-wuh) Unique, friend of the Gods

**Aruna** Olga Bachmann (AH-ROO-NAH) The sunrise, the dawn

**Asmita** Anna Schmitt-Reichert (AZ-MEE-TUH) Soul within

**Aum** Terry Abrams (OH-m) Divine; the first sound

**Bhakti** Brita Orwoll (PHAK-tee) Pure devotion

**Bharati** Brenda Hieber (BAR-A-TEE) Ancient Wisdom

**Bhagvan** Stan Sternberg (BAG-VAN) Keeper of the Light

**Chandana** Marianne Dean MacGregor (CHAN-DUH-NUH) Like cooling nature of sandalwood

**Chetana** Catherine Florida (CHIT-TAH-NAH) Pure Awareness; Pure Consciousness

**Darshana** Debra Macon (DARSHA-NAH) Clarity of Inner Vision

**DaVang** David Blair (DAY-VONG) Divine Body; Sanctified

**Devendra** Don Levitt (DAY-VEN-DRUH) Master of Angels

**Divya** Julie Hart Hutton (DEEV-YUH) Essence of divinity

**Dulari** Erica Eicher (DO-LAREE) Moving towards the future with dance and pleasant movement

**Dhru** Drew Hutton (DREW) Immovable, steady: North Star

**Dya Devi** Kathy Treiber (DYA-DE-VEE) Goddess of compassion and reverence for all life

**Eshavas** Iam Post (EE-sha-vas) The abode of the Divine

**Jagruti** Lucinda Orwoll (JAH-GREW-TEE) Awakenings

**Jai Shree** Roberta Shaw-Reeves (JAY-SHREE) Divine energy is victorious, helps you overcome all obstacles and challenges

**Jayenti** Janet Fry (JAY-EN-TEE) To conquer all, to be victorious

**Jyoti** Betsy Thorne (JOE-TEE) Light in action; Illumination

**Kadambari** Stacy Brodock (KAH-DUM-BA-REE) Girl chosen by the angels

**Kanak** Claire Mautner (KUH-NUK) Golden consciousness

**Kantee Shri** Cathy Toll (KAN-TEE) Wealth of brilliant light of spirit

**Kanti** Kelly Creech (KAN-TEE) Hidden brilliance & life; Holding the inner glow

**Karuna** Kathy Roberts (KAH-RUNE-AH) Compassion

**Kaveta** Candice Hrubovsky (KA-VEE-TA) Beautiful blessing of the heart that makes poetry come from the heart.

**Kirtan** Khita Whyatt (KEER-ton) Prayer

**Kunti Devi** Eileen Bond (COON-TEE-DEVEE) Coiled creative energy

**Ku Sum** Gabriel Kleinschmidt (KOO-SOOM) Gentle, beautiful white flower

**Lakshmi** Laura Smith (LOCKS-SHME) Wealth of spirituality; Wealth of good things

**Lalita** Lucile Doko (LA-LEE-TA) Goddess of Divine Energy

**Madhu Shanti** Margo Jackson (MAH-DO SHAN-TEE) Sweet Peace

**Mitra** Marty Kerr (ME-TRA) Friend to self and the Universe

**Mukta** Tana Dean (MOOK-TA) Freedom from the shackles of the past

**Namrata** Lisa Abrams (NAM-RAH-TAH) Without ego; graceful humility

**Narendra** Dan Bachmann (NAH-REN-DRA) Leader, guide for humanity

**Nayna** Nancy Sloan (NYE-NAH) To see clearly through the third eye

**Nirali** Becky Kleinschmidt (NEAR-AHL-LEE) Uniqueness

**Nirjara** Carla Rodning (NEAR-JAH-RAH) Shedding the past

**Nirmala** Nancy Hanke (NEAR-MA-LA) Pure, without pollution

**Nirvana** Jay Creech (Nir-VAH-nah) Overcoming all addictions and pleasures.

# Spiritual Names



**Paras** John Bellingham (PAH-RAS) 23<sup>rd</sup> Tirthanker; Miraculous element turning metal into gold; Philosopher's stone

**Pooja** Sandy Scobie (POO-jah) Divine prayer of purity, clarity and divinity

**Poorna** Gail Salata (POO-R-na) State of perfection

**Prachi** Pat Thiel (PRA-CHEE) Light from the East

**Prakash** James Hunter (PRAH-KASH) Light

**Praparkar** Dan Pieri (PRA-PAR-KAR) Illumination, Sun.

**Prashant** John Walker (Pra-SHANT) Especially composed

**Prem Murti** Hadley Kleinschmidt (Prem MOOR-tee) Presence of love, Representation of love

**Prem Shree** Karen Stetz (PREM-SHREE) Goddess of love: love is my nature, love is my spirit, I am love

**Premal** Pat Takacs (PREM-L) Love

**Premnath** Frank Borowski (PREM-not) Lord of Love

**Purna** Peggy Motsch (PRAYER-NA) Inspiration to all

**Priti** Paula Yocum (PREE-TEE) Self-Love

**Priya** Tammi Johnson (PREE-YUH) Love of light; Light of Love

**Priya Darshna** Tia Hanke-Hills (PREE-YUH-DARSH-NA) Inspiring presence; daughter of Mahavir

**Priyanna** Brianna Zvonar (Pree-ANNA) I love myself; I will not hurt myself

**Raj** Robert Parmann (RAJ) Owner of the kingdom within, in perfect balance with the divine self.

**Raja Matee** Rychee Parmann (RAJA-MATEE) Woman in tune with the kingdom within.

**Rajashri** Susan Ashmore (RAJA-SHREE) Divine nobility and kingly spiritual wealth

**Raksha** Penni Helsene (RAK-SHA) Protector of the Divine within; caretaker

**Ravi** Robby Rutter (RA-vee) The sun which illuminates; the eye of consciousness

**Ram** Conor Hutton (RAHM) Pious, brave, conqueror

**Sadhana** Sarah Florida (SAH-DUH-NAH) Girl walking with spirit

**Saraswati** Laurel Sloan (SAH-ra-SWA-tee) Goddess of wisdom

**Sarita** Susan Wolf-Sternberg (SAH-REE-TUH) Flow like a river and grow

**Satyam** Henry Abrams (SAHT-yum) Truth, as it is

**Savita** Terri Heller (SAH-VEE-TUH) Sunlight; Illuminating light

**Shakti** Lara Bond (SHAHK-tee) Indestructable, sentient, creative, divine energy

**Shakuntala** Beverly Champagne (SHA-KOON-TUH-LA) Innocent consciousness

**Shantinath** Grant Howard (SHAN-tee-not) Lord of Peace 16<sup>th</sup> Tirtankar

**Sharda** Lauren March (SHAR-dah) Goddess of wisdom

**Shiva Devi** Zulema Suarez (SHEE-VUH DE-VEE) Transformation Goddess

**Shree Lata** Laura Bachmann (SHREE-LA-TAH) Growth of divine wealth within

**Shree Pal** Sean Stayduhar (SHREE-Pal) Caretaker of inner wealth

**Shreya** Darlene Domanik (SHRAY-AH) Bringer of bliss, benediction, blessings

**Siddhi** Yaa Ohenewah Edie Lewis (SID-DEE) Achieve your own goal

**Sohum** Stephen Florida (SO-HUM) Loving heart.

**Suchita** Susan Schmitt-Creech (Soo-CHEE-tah) Essence of purity; clean consciousness

**Sudha** Elise Domanik March (SOO-DUH) Nectar

**Sujata** Sara Abrams (Soo-JAH-tah) Born to be enlightened, aware, successful

**Sulsa** Sarah McGrath (SUEL-sah) Born for enlightenment Realization

**Sumala** Marla Raszka (Soo-MAH-lah) Garland of goodness

**Sumitra** Surella Borowski (Soo-ME-tra) Loyal friend in the light

**Sundaram** Justin Hutton (SUN-DAH-RUM) Beautiful Vision

**Surabhi** Susan Barnes (SIR-AH-BEE) Fragrance

**Tara Devi** Tressa Parmann (TAR-AH DE-VEE) Goddess of Stars

**Usha** Martha Smith (OO-sha) Spiritual dawn, light

**Vardaman** Alex Schmitt-Heatlie (VAR-duh-man) Ever growing; Birth name of Mahavir

**Veer** Bryce Hutton (VEER) Mahavir, 24<sup>th</sup> Tirtankara Brave, victorious

**Vijaya** Johnnie Chamberlin Brooks (VEE-JAI-YAH) Victorious; Overcoming the weaknesses

**Vimala** Dianne Griswold (VEEMA-LA) All cobwebs of the past are gone

**Vira** Melissa Schmitt-Heatlie (VEE-rah) Bravely moving in the direction of Consciousness

**Viraj** Gary March (VEE-RAJ) King of Goodness

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**Volunteer Corner**

The Lighthouse like the army is an all volunteer organization. The Lighthouse does not however pay its volunteers, nor do we ask that you to do violence to others. To the contrary we invite you to practice non-violence.

And so in the spirit of ahimsa we ask that you step up and contribute time to keep your center operating. Volunteer! We need people to help clean and to help with special events. For example, Gurudev is visiting us May 3<sup>rd</sup> and 4<sup>th</sup> and we will need 2 people to help park, 2 for registration, 3 to work in the kitchen and a couple of people to set up the sanctuary. Remember each hour you work reduces your annual dues pledge by \$15.00. So give me a call at 734-741-1273 and leave a message.

Thanks Jon Swanson,  
Volunteer Coordinator

## DONATION/PLEDGE FORM

*Please print*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Other Phone \_\_\_\_\_

*(indicate fax, cellular, etc.)*

Email address \_\_\_\_\_

Put me on the Lighthouse Center email list:            Yes \_\_\_\_\_ No \_\_\_\_\_

Put me on the Lighthouse Center postage mailing list:    Yes \_\_\_\_\_ No \_\_\_\_\_

\_\_\_\_\_ Please check if this is a new address, phone, or pledge change

**I want to help maintain our Lighthouse Center on a firm financial base.**

1. Enclosed is my **DONATION** of \$ \_\_\_\_\_.

2. My total **PLEDGE** for the calendar year of \_\_\_\_\_ is \$ \_\_\_\_\_, to be paid in equal installments of \$ \_\_\_\_\_ (or in volunteer time at \$10.00/hour\*)

Monthly \_\_\_\_\_ Quarterly \_\_\_\_\_ Semi annually \_\_\_\_\_ Annually \_\_\_\_\_

Pledge amount included with this form \$ \_\_\_\_\_ Balance due \$ \_\_\_\_\_

\_\_\_\_\_ Please check to have pledge envelopes mailed to you

Signature \_\_\_\_\_ Date \_\_\_\_\_

We are a non profit charitable organization under Section 501(c)(3) of the Internal Revenue Code; therefore, gifts to the Lighthouse Center, Inc. are tax deductible as provided by law.

Please make checks payable to **Lighthouse Center, Inc.** and mail to:

Treasurer, Lighthouse Center, Inc.

P.O. Box 645

Whitmore Lake, MI 48189

*\*For any questions regarding volunteer hours,  
contact Prachi at 734-449-4831 or thiepl17@yahoo.com*

**Directions to:  
THE LIGHTHOUSE CENTER  
740 East Shore Drive  
Whitmore Lake, MI**

**Lighthouse Hotline (734) 449-0611**

**FROM I-94, US-23 AND ANN ARBOR**

Exit US-23N at Exit 50 (6 Mile Road), but do not turn left or right, just go straight and follow Main Street into Whitmore Lake (past high school on left). At the traffic light at East Shore Drive, turn right. Follow East Shore Drive approximately 1.2 miles and the Lighthouse Center will be on the right. (*Driveway is marked with sign and four vertical reflectors.*)

**FROM I-96, US-23 AND BRIGHTON**

Exit US-23S at Exit 53. Turn left. This street becomes southbound Main Street. Follow Main Street through Whitmore Lake. At the traffic light at East Shore Drive, turn left. Follow East Shore Drive approximately 1.2 miles and the Lighthouse Center will be on the right. (*Driveway is marked with sign and four vertical reflectors.*)

Lighthouse Center, Inc.  
P.O. Box 645  
Whitmore Lake, MI 48189