



A Center for Spiritual Development founded by Chetana Catherine M. Florida

www.lighthousecenterinc.org

Learn To Meditate

Date: Saturday, _____
Time: 4:00 pm sharp to 6:30 pm (approximately)
Where: Lighthouse Center, 740 East Shore Drive, Whitmore Lake, MI 48189
Given By: Nirmala Hanke, M.D.
Cost: \$35.00 adults, \$25.00 students, \$15.00 to repeat the class

Pre-registration required

Please return the lower portion of this announcement, along with your money order or check. Checks will be held until after the lecture is given.

Meditation is for everyone eventually. People who are not satisfied with the way things are going within themselves, outside of themselves, and/or people who are ready to seek a new way, are invited to attend. If you have friends who would like to come, please let us know so that we can make arrangements.

Light colored clothing is preferred * Bring paper and pen for taking notes * Vegan snacks will be provided after the lecture.

REGISTER NOW and reserve your space. Send your check or money order, along with your reservation form to:

**Lighthouse Center
P.O. Box 645
Whitmore Lake, MI 48189**

Please make your check payable to: Lighthouse Center. Note in the memo section, "Learn to Meditate".

If you need to cancel, please give us a 48-hour notice so that we may offer your reserved space to someone else who can use it at that time. If you need more information or need to cancel or reschedule, please call Prachi (Patricia Thiel) at 734-417-5804 to reserve your spot for the next lecture.

Detach Here:

Name: _____ **Phone:** _____

Address: _____
City/State Zip

Enclosed is my check or money order **LECTURE DATE:** _____

I was invited by: _____