

# The Lighthouse Beacon

A quarterly publication for Lighthouse Center members and friends  
 Lighthouse Center, Inc. is a non-profit spiritual development center founded by Chetana Catherine Florida

Gurudev Shree Chitrabhanuji's Message

## MAKE A COMMITMENT TO YOURSELF

19 August 2007 - Lighthouse Center, Inc.



It is the best day. The present day is the best day, not yesterday or tomorrow. Yesterday is a dead past, a cancelled check. If you want to keep it, keep it. Tomorrow is a fantasy, it may happen or not. But today is the best day, because we are alive. Alive to make what we want to make. Alive to have a choice: to make the day or mar the day. It's your choice. How to make the day is in your hand. This is the teaching of Mahavir. He does not teach you to depend on anyone—no props. You stand on yourself, your

Atma. A building that stands on props has no security, it is supported by props.

This human life is the best gift we have, not money, power, position, name or fame. Realize what you are. Say, "I am alive, I am life, I can do what I want to." It is a beautiful Saturday; instead of going here and there, you are here at the Lighthouse by 10:00 am. Who made you come here? No God, no guru, you. You decided to come here. So you could find out who you are. Others have told you what you are not, they've told you that you are a sinner. So you go on carrying this load on your head your whole life. Or they may have told you that you are handsome or beautiful, or ugly, an ugly duckling or cute as a rabbit. All different names for who you are, but no one has addressed you, the living life, the Atma that you really are.

In the olden days there was a narrow road with two people coming in two chariots from opposite directions. One had the belief that the person that gives way is weak, and the other person is strong, and he thought, "I don't give way to fools." But the other person, who was initiated on the spiritual path, thought, "I always give way to fools." The person who calls you a fool is a fool within. When someone is not aware of himself, he blames others. The word "fool" came in his mind, not yours. There's no need to argue with fools. Holding hate, revenge, and bad feelings only harms us. It is sad to carry negative vibrations of a relationship when it is over. One may be divorced but still married to the bad feelings, the negative vibrations. Instead recite "Namoh arihantanum", I bow down to myself, I can overcome my inner enemies.

One can be brave and tough in front of others, but inside be very weak. We succumb to our negative feelings. You can see a newborn baby, so beautiful in the crib. What happened? We lost our smile along the way. We need jokes to make us smile. When you are one with your Atma,

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## ***The Lighthouse Center***

The Lighthouse Center, Inc., located in Whitmore Lake, Michigan, is a nondenominational meditation center founded in 1979 by Chetena Catherine Florida. It was incorporated in 1989 as a nonprofit organization, and currently has over 300 members.

740 East Shore Drive  
P.O. Box 645  
Whitmore Lake, MI 48189  
Phone: 734-449-0611  
Fax: 734-449-5004

### ***For More Information***

Visit us on the web:  
[www.lighthousecenterinc.org](http://www.lighthousecenterinc.org)

### ***Our Mission***

We are committed to inner peace and peace in the world, as we practice meditation and Ahimsa toward ourselves and others. We respect other points of view and strive to live in harmony with nature and all living beings. This is the greatest opportunity for spiritual growth and enlightenment.

### ***Our Philosophy***

**We believe ...** in the Divine Consciousness within everyone.

**We believe ...** in Ahimsa, nonviolence, in all of our thoughts, words, and actions, including the practice of vegetarianism.

**We believe ...** that the Truth has many aspects, and we respect other points of view.

**We believe ...** in acting as examples of humanity, as we express our love and compassion and Ahimsa.

**We believe ...** that in doing our meditations and spiritual practices, we begin to successfully live at peace within ourselves and in the world.

*revised 2005*

### ***Everyone is Welcome***

The Lighthouse Center community is a diverse group of individuals with a common goal of practicing Ahimsa (nonviolence).

#### **Everyone is Welcome**

You do not have to be a member to join us for classes and meditations.

#### **Sponsorship**

The Lighthouse Center depends on its members and friends to sustain it with their generous donations of money, time and talent.

#### **Membership**

If you do choose to become a member, pledges of \$360 a year (\$30 a month) are gratefully accepted. Volunteering of time can contribute towards your pledge (1 hour equals \$10 in pledge). See form at back of this publication

#### **Getting Involved**

The Lighthouse has various committees (open to all members and friends), a Board of Directors, and a Director of Operations to collectively develop our various goals and manage the daily operations of our center.

Assisting in running the center and helping out in different functions is a wonderful way to make a difference and develop new friendships.

#### **E-mail List and Mailing List**

Get on the electronic and/or postal mailing list by filling out the form in the back of this publication, to get updates on classes and events.



MAKE A COMMITMENT TO YOURSELF.....continued from front page

you are happy, content, peaceful. When you are not, you are sad, angry, jealous. If you hold onto the negative energy, it will consume you, you become more unhappy, tense, uncomfortable. The negative energy burns you more. Enemy and friend are the same person. A man once bought a diamond ring for his wife, now they don't get along. Misunderstanding, anger, jealousy got in the way.

This teaching is very fresh. It is today, not yesterday, not tomorrow. It is now or never. You have to make your commitment very strong: I will meditate. Making this commitment is like chewing gum day and night, eventually it will settle in your neurons. The bad things we try to forget and cannot, the good things we cannot remember—this is the longevity of negativity. I remember when I was a monk I knew a mother who was very old and about to go. She had four sons. They invited me to come see her. I told her, "Mother, you have to forgive everyone, first yourself, then everyone." But she did not like her youngest son, who had married a woman from another belief. She had told him years ago, "I don't want to see your face, because you don't respect my opinion." Still on her dying bed she would not forgive her son, she kept holding onto her negative feelings.

Everyone is here according to karma. No one belongs to anyone else. No possessiveness. You belong to the universe. Your body is not yours. Your memory is not yours. There was a very important man, a president of a large company, whose neurons were no longer working, and he didn't know where the bathroom was anymore. Once you know that "I am Atma" you allow people to be, with no hate, no dislike, no judgment. If you don't try to hold onto people, they will stay with you. Control is controlling, it cannot control, it does not work. The first forgiveness is with yourself. If you do not realize yourself, your Atma, you will not believe in yourself.

One of my friends is a Roman Catholic priest. We meet to talk, and one day we were discussing, what is sin? Sin is the denial of Divinity in yourself. We are living because of that Divinity. When Divinity leaves the body, we die. Mahavir was a simple person. But he had realized, "I am Atma" twenty seven births before. Man can become superman, when Atma becomes Paramatma. Seeing a statue of Mahavir is an inspiration: he overcame his attachments, his ego, and his Atma became Paramatma. When you realize yourself completely, your Atma becomes Paramatma. That is why I say, "Namaste" to you, I am saluting the Divine within you. When you realize that the Divine is within you, you will never put yourself down. The biggest sin is to put yourself down. When you go to see the President, don't put yourself down. Without you he would be a beggar, for you have the vote. You can honor someone else, but don't put yourself down. And make no comparisons, Seeing a very rich man, you might say, "I am nothing in front of you." But why make yourself small? Continuously we are comparing. We bend over backward for the poor, we bend forward to the rich. Denial of divinity is sin. We have denial for so many years. Our conditions do not easily leave us. We go home and start comparing again.

Today is the best day, the day to make a commitment, not to me, but to yourself. Take advantage of the classes here at the Lighthouse. The teaching is so clear, so clean. There is no dogma, no putting others down, no comparing with others, but believing in yourself. I am so happy that so many of you are initiated and have made so much progress. I see it in your eyes, where you have been and where you are. When you close your eyes, see who is inside, that invisible Light that you are. Light bulbs and other gadgets are useful because of the electricity carried inside. In the same way we are all useful because of our Atma. If we don't pay attention to Atma, what have we gained from the beautiful day? You have made this center an oasis. Whatever you

do, you have deposited for your future. With one seed come a thousand blossoms. Your consciousness becomes your prosperity.

Every day in the morning I put my foot on the ground and say to myself, "Today is the best day, this is the day that I am alive." Every day make a commitment to yourself. Even when there is a little cloud, say to yourself, "It's half sunny". The glass is not half empty, it's half full. The emptiness or fullness is within you. How we look at life makes the difference. Try to see in your family what good qualities they have. There was a lady who had married and divorced seven or eight times. She changed people, but her choice was the same. A lion, a donkey and a fox went together for hunting. When the hunt was done, the lion told the fox, "Make equal shares for the three of us." So the fox made three equal shares. The lion choked the fox and he died. Then the lion told the donkey, "Now you make equal shares". So the donkey took a little for himself and left the rest for the lion. The lion was surprised and said, "Donkey, you are smart. Where did you learn this?" The donkey said, "I learned from the fox". The donkey learned from experience, but many times we don't. We go through bad experiences, but don't learn. We think we have sinned. But there is no sin, there is consequence. If you put a finger in a socket, you get a shock. This is not a sin, it is a consequence. You learn from it. Let each mistake be a stepping stone to go upward. Acknowledge the mistake and learn from it.

So my friends. It is a beautiful day. And it is up to you. Your day is up to you, it is your choice. Say to yourself, "I am pure, I am sure." Listen to the inner voice, your Atma. Do not compare yourself to others or put yourself down. Make a commitment to yourself. Accept your Divinity.

Namaste.



# Upcoming Lighthouse Events

## WEEKLY

### ◆ Sunday Candlelight Meditation and Healing

6:00 pm. - 7:15 pm. All are welcome. Chanting, meditation, affirmations, visualization, healing circle. Reiki healers are available for healing during meditation.

## BI-WEEKLY

### ◆ Friday Intensive Meditation

7:30pm-10:00pm the first and third Friday of the month. Doors open at 7:00 p.m. Meditation lasts approximately 2 ½ hours, during which time one may quietly enter and exit the sanctuary. It is suggested, because of past experience, that one already be a mantra meditator.

### ◆ Sunday School / Youth Group

1:00pm-2:00pm the first and third Sunday of the month through May for children ages 2-18 and their parents. Contact: Suchita Susan Schmitt-Creech at: [sschmitt66@yahoo.com](mailto:sschmitt66@yahoo.com).

## MONTHLY

### ◆ Sunday Board Meeting

9:30am-11:30pm the fourth Sunday of the month. NOTE: Occasionally, due to holidays and travel commitments, the Board meets earlier in the month, so please call **Prachi Patricia Thiel** (734) 449-4381 to verify exact date and time.

◆ **Learn To Meditate** Meets on the last Friday of every month from 7:00 PM - 9:30 PM. Learn how meditation works and try it out! Or come for a refresher- all meditators are welcome. Given by Nirmala Nancy Hanke. Cost \$35.00 or \$15.00 to repeat.

## October - December 2007

### OCTOBER

**Brow III Class:** Four Wednesdays, October 3-24, gather 7:00, begin 7:30-9:30. Given by Nirmala Hanke. Prereq Brow II. Cost \$60 pledging/\$75 non-pledging. Sign up at [nirmalanh@aol.com](mailto:nirmalanh@aol.com).

**Heart Empowerment Class:** 4 Tuesdays, October 9-30, gather 7:00, meet 7:30-9:30. Given by Prachi Pat Thiel. Cost: \$60.00 pledging/ \$75.00 non-pledging. Prerequisite: 2 months mantra meditation. To register: 734-4494381 or [thielp17@yahoo.com](mailto:thielp17@yahoo.com).

**Icon Workshop:** Saturday, October 13 and Sunday, October 14, 10:00am-6:00pm. Given by Aruna Olga Bachmann. 810-623-0510 to register.

**Edgar Cayce Workshop:** On "From Karma to Grace" by Pamela Bro, PhD. of the Association for Research & Enlightenment, on Saturday, October 20, 9:00-4:30 in Livonia Unity Church. Cost: \$60. Call Nirmala 734-645-2188 to register.

**Ganesha Puja:** Sunday, October 28, 3:00-5:30. Attend in person or by proxy and welcome in Ganesha's healing vibrations to remove all obstacles. Given by Ashaben Sheth. Cost: \$45 per family or \$48 by proxy. Call Prachi to register: 734-449-4381.

### NOVEMBER

**Community Meeting:** Sunday, November 4, gather 9:30 to meditate, meet 10 am to Noon. Open to all Lighthouse members and friends. Come share your concerns, ideas, inspirations! Facilitated by Aarti Meg Graff.

**Game Night:** Bring a game to play! Friday, November 9, gather 7:00, begin 7:30-9:30. Hosted by the InReach Committee. No cost. For more information contact: Nirali, [golphers@aol.com](mailto:golphers@aol.com).

**14th 24 Hour Meditation:** Saturday, November 17, 7:00pm-Sunday, November 18, 7:00pm. Dedicated to world peace through inner peace. Candlelight on Sunday will be the last hour of the meditation. No cost, juice and light snacks welcome.

**Thanksgiving Eve Meditation:** Wednesday, November 21, gather 7:00, meditate 7:30-8:30 for all we are thankful for. Veggie potluck to follow.

**Thanksgiving Day at Jain Temple:** Come chant the Navkar Mantra for all beings on Thanksgiving morning. More info: Prachi 734-449-4381.

### DECEMBER

**Hanukah Candlelight:** Celebrated Hanukah during Candlelight on Sunday, December 2nd. Led by Sarita and Bhagwan Sternberg.

**Christmas Eve Meditation:** Monday, December 24, gather 6:00, meditate and sing Christmas Carols 6:30-7:30.

**All Students' Holiday Party:** Friday, December 28, gather 7:00, meditate 7:30, then share messages and veggie potluck. Register with Prachi, 734449-4381.

**New Year's Eve Meditation:** Monday, December 31, gather at 11:00 pm, begin meditation at 11:30 to release the old, continuing at midnight to bring in the new. Veggie potluck follows.

## LIFE CHANGES

### New Beginnings

We send Love and Light to this new baby being who has come to join us on earth:

*Daisy Bliss Sternberg*, born August 5, 2007, granddaughter to Lighthouse members Bhagwan and Sarita Sternberg, and daughter to Ari Sternberg and Kristina Bliss.

### Transcended Beings

We send Love and Light to these transcended beings for their transition and to their family and friends:

*Richard W. Hanke*, 87, father of Nirmala Hanke, and grandfather of Ben and Tia Priya Darshna Hanke-Hills, transcended May 26, 2007.

*Mary Ann Snow Dove McPherson*, 76, principal benefactor for the Lighthouse Center, transcended June 22, 2007.

### NEW SPIRITUAL NAME

Drew Creech, age 7, son of Suchita Susan Schmitt-Creech and Michael Creech, received his spiritual name, Dhru, from Gurudev Chitrabhanuji on August 18, 2007. Dhru means "the North Star, always shining" in Sanskrit. One of the youngest children at the Lighthouse to receive a spiritual name, Dhru joins the other children and teenagers on his very own spiritual path. Many Blessings Dhru, and welcome!



**Lighthouse Center Calendar**

**October 2007**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 7:30-9:30pm Brow III Class	4	5 7:30-10:30pm Intensive Meditation	6
7 6pm-7pm Candlelight	8	9 7:30-9:30pm Heart Empowerment Class	10 7:30-9:30pm Brow III Class	11	12	13 10:00am-6:00pm Icon Workshop
14 10:00am-6:00pm Icon Workshop	15	16 7:30-9:30pm Heart Empowerment Class	17 7:30-9:30pm Brow III Class	18	19 7:30-10:30pm Intensive Meditation	20 9:00am-4:30pm Edgar Cayce Workshop Livonia Unity Church
21 6pm-7pm Candlelight	22	23 7:30-9:30pm Heart Empowerment Class	24 7:30-9:30pm Brow III Class	25	26 7:00-9:30pm Learn to Meditate	27
28 6pm-7pm Candlelight	29 9:30-11:30am Board Meeting	30 7:30-9:30pm Heart Empowerment Class	31			
3:00-5:30pm Ganesha Puja						

**November 2007**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 7:30-10:30pm Intensive Meditation	3
4 10:00am-12:00pm Community Meeting	5	6	7	8	9 7:30-9:30pm Game Night	10
1:00-2:00pm Sunday School	11	12	13	14	15	16 7:30-10:30pm Intensive Meditation
6pm-7pm Candlelight						17 7:00pm Begin 24-Hour Meditation
18 6pm-7pm Candlelight	19	20	21 7:30-8:30pm Thanks- giving Eve Meditation	22 Thanksgiving Day Morning (TBA) Chanting the Navar Mantra - Jain Temple	23	24
7:00pm End 24-Hour Meditation	25 9:30-11:30am Board Meeting	26	27	28	29 7:30-9:30pm Learn to Meditate	
6pm-7pm Candlelight						

**December 2007**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 1:00-2:00pm Sunday School	3	4	5	6	7 7:30-10:30pm Intensive Meditation	8
6pm-7pm Hanukah Candlelight	9	10	11	12	13	14 7:30-10:30pm Intensive Meditation
6pm-7pm Candlelight						15
16 1:00-2:00pm Sunday School	17	18	19	20	21 7:30-10:30pm Intensive Meditation	22
6pm-7pm Candlelight						
23 6pm-7pm Candlelight	24 6:00-7:30pm Christmas Eve Meditation	25 Christmas Day	26	27	28	29
30 6pm-7pm Candlelight	31 11:30 New Year's Eve Meditation				7:30pm All Students' Holiday Party	

## President's Message

## 2007 at the Lighthouse Center

It has been a busy and productive summer at the Lighthouse Center. We have been honored with two visits from Guru Dev Chitrabhanuji and Pramodaji. During her August visit, Pramodaji was able to offer a two day workshop on Karma. We look forward to seeing them in the spring of 2008.

Your Board of Directors and hard working committees have also accomplished a great deal. The newly revised By-Laws have been ratified by the membership. The Practitioners Space Committee has completed our new room which is available for rent. We hope that you will stop in and visit it. We have a new DVD player and TV available for showing the latest in non-print media. Various repairs are being made to the structure of the center. The need for more volunteers is being discussed and an action plan is being developed.

Mukta Tana Dean continues to keep our web site current and very attractive. It is a great place to get up to date information about the Center and its upcoming events. Be sure to check on the new classes that are being offered this fall.

Just a reminder, Board meetings are open to all members and take place on the fourth Sunday of the month. We welcome your input. Hope to see many of you at our next Community Meeting, November 4 at 10 AM.

Many, many thanks and appreciation goes out to our volunteers for their continued support of the Lighthouse Center.

Namaste,  
Jai Shree

## Pendulum Workshop

On Thursday, September 6th, Anne Duffy of The Connecting Bridge, gave a workshop at the Lighthouse Center on understanding and using pendulums. Having used a pendulum as a part of her spiritual practice for the last 15 years, Anne sees the pendulum as "a tool" that helps us bypass the conscious mind and ego to connect with our God Consciousness within. This connection then can guide us in our daily life, much as meditation does. Anne shared her own personal journey and how pendulum work has guided her.

After her presentation, workshop members were able to practice using the pendulum, first attuning to the Divine, and then asking questions of the pendulum. We also had a chance to view Dale Olson's book, *Pendulum Charts*, which provides a wide range of questions and gradients of response for pendulum use.

If you would like to know more about pendulums, you can contact Anne on her website: [theconnectingbridge.com](http://theconnectingbridge.com)

Namaste, Nirmala

## JAINA CONVENTION 2007

This past summer Nirmala Nancy Hanke and I attended the 14<sup>th</sup> Biennial JAINA convention held July 5<sup>th</sup> through 8<sup>th</sup> in Edison, New Jersey.

The theme was "Peace Through Dialogue", and was addressed so eloquently and passionately by an group of visiting Jain scholars, Hindu and Jain nuns and monks, and dignitaries such as Dr. Deepak Jain, Dean of the Kellogg School of Management, and Congressman Frank Pallone, Jr.

We attended many interesting break out sessions such as the "Women's Interfaith Council", where women from Jewish, Christian, Muslim, Jain and Hindu faiths spoke about women's issues. The Young Jains hosted a variety of fascinating speakers including Kim Eng, a student of Eckhart Tolle, best selling author of "The Power of Now".

The food was delicious, the company delightful, the yoga impossible (but fun!), and the entertainment marvelous.

I was deeply touched at the closing ceremony by an elderly Jain nun who sang about forgiveness, as if it were a lullaby. She spoke to the inner child in each of us. I came away from the convention feeling buoyant, and with the feeling that happiness is a choice I can make. It is up to me.

-Nirali Becky Kleinschmidt-

## Iconography Workshops

Icons are beautiful pieces of art that you may find in some churches. Christian icons were first painted by the apostle St. Luke. Other religions have icons made in various ways. Icons are often called "windows into the Divine". That is because when painted, the iconographer first meditates and sets aside the ego, and channels the painting of a saint or ascended master. Iconography is a meditation in action.

It is another pathway towards enlightenment. When completed and blessed, the icon then reflects back to the viewer the Divine Energy from the saint or depicted ascended master. One then may pray with this Energy, contemplate it, and meditate with it. This helps to invoke a sense of mystery and the holy and sacred. Each step of the icon process represents and is symbolic of spiritual growth. For instance, there are three highlights. The first represents cosmic (earthly) light, the second represents the Soul Light, and the Third represents the Energy of Spirit. One of the final steps is painting in the Life Giving Light.

The entire process is an experience; and you spiritually grow with each step. I teach the 15th century Byzantine style of iconography. It is painted with egg tempura and powdered pigments on a wood board. Clay is used to help with the gilding of the gold. Recently, we have had two icon workshops at the Lighthouse Center in September and October 2007. A very peaceful energy emanated through the room where we painted. It was a growing, fun experience. We had ten students in the first workshop and 9 in the second one.

You do not need to be an artist to paint an icon. Anyone can do it and have your own icon. You all are very welcome to come join us and paint your own icon. Future workshops will be announced via e-mail from the Lighthouse Center.

For any questions and interest in the workshops, please call Aruna at 810-623-0510 or e-mail me at arunalight@comcast.net

Love and Light,  
Aruna Olga Bachmann

## Visiting Our Lighthouse Website

Have you taken a moment to visit or use our Lighthouse website? If not, take a few moments to explore this expanding communication tool. The website is becoming one of the ways you can always be in touch with what's going on in our community. Here's some of the information you'll find:

### Board of Directors

You have a dedicated group of people who volunteer their time to make sure that our community is vibrant and continues so it can assist our spiritual growth. If you have any comments or questions use this list to contact the best person to speak with.

### Donations

Donating online is easy, secure and time efficient. This PayPal connection has been setup for your convenience. It easily gives you and the Lighthouse a record of your donations and Lighthouse members who do bank deposits spend less time on the road. It's an efficient and Green way of donating money.

### Classes and Meditation

This link is a general overview of classes. For specific information use the home page which lists class specifics. It's been a wonderful learning experience for all of us to coordinate updated information and have it easily available for you.

### Recipes

We have some wonderful vegetarian and vegan cooks in our community. Share your recipes so all of us have a resource when we want to try something new. I know there are some wonderful cooks in our spiritual community because I've been at enough events to taste your best recipes. To share a recipe, email it to me and I'll place it on the website.

There are more ideas in the works and it's a joy to watch this website grow. I look forward to being your Web Mistress for a long time.

Love and Light to All,  
Mukta Tana Dean

"There are two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."

*Albert Einstein*





# Lighthouse Members

To receive a spiritual name from Gurudev Chitrabhanuji, one must be committed to Ahimsa (nonviolence), reverence for all life, to being a vegetarian and a meditator.

**Aarti** Meg Graff (AHR-tee)  
Light burns even in darkness

**Adinath** Mark Hutton (AH-DEE-NOT) 1<sup>st</sup> Tirtankar

**Ajit** Rodney Smith (AH-GEET) 2<sup>nd</sup> Tirtankar; invincible

**Akash** Jon Swanson (Ah-KASH) Open sky, unlimitedness

**Ambaa** Julia Levitt (UM-BAH) Goddess of Protection, mother's energy, nourish the inner child.

**Amita** Emma Hutton (UHMEE-tah) Infinite; all things belong to me

**Amruta** Felicity Hane (Um-ROO-tah) Nectar; Immortal

**Anandi** Anna Hutton (Ah-NAN-dee) Full of joy, bliss, delight, State of perfection

**AnnaPurna** Emma Donofrio (AHNA POO-R-na) Goddess of Nourishment, inspiring others to do their best

**Anu Radha** Mary Morin (Ah-new RAH-dah) Complete, burn all karmas, Clean for Enlightenment, Krishna's consort

**Apurwa** Edith Chance (Up OOR-wuh) Unique, friend of the Gods

**Aruna** Olga Bachmann (AH-ROO-NAH) The sunrise, the dawn

**Asmita** Anna Schmitt-Reichert (AZ-MEE-TUH) Soul within

**Aum** Terry Abrams (OH-m) Divine; the first sound

**Bhakti** Brita Orwoll (BHAK-tee) Pure devotion

**Bharati** Brenda Hieber (BAR-A-TEE) Ancient Wisdom

**Bhagvan** Stan Sternberg (BAG-VAN) Keeper of the Light

**Chandana** Marianne Dean MacGregor (CHAN-DUH-NUH) Like cooling nature of sandalwood

**Chetana** Catherine Florida (CHIT-TAH-NAH) Pure Awareness; Pure Consciousness

**Darshana** Debra Macon (DARSHA-NAH) Clarity of Inner Vision

**DaVang** David Blair (DAY-VONG) Divine Body; Sanctified

**Divya** Julie Hart Hutton (DEEV-YUH) Essence of divinity

**Dulari** Erica Brown (DO-LA-REE) Moving towards the future with dance and pleasant movement

**Dhru** Drew Creech (DREW) North Star, Always shining.

**Dhru** Drew Hutton (DREW) Immovable, steady: North Star

**Dya Devi** Kathy Treiber (DYA-DE-VEE) Goddess of compassion and reverence for all life

**Eshavas** Iam Post (EE-sha-vas) The abode of the Divine

**Jagruti** Lucinda Orwoll (JAH-GREW-TEE) Awakenings

**Jai Shree** Roberta Shaw-Reeves (JAY-SHREE) Divine energy is victorious, helps you overcome all obstacles and challenges

**Jayenti** Janet Fry (JAY-EN-TEE) To conquer all, to be victorious

**Jyoti** Betsy Thorne (JOE-TEE) Light in action; Illumination

**Kadambari** Stacy Brodock (KAH-DUM-BA-REE) Girl chosen by the angels

**Kanak** Claire Mautner (KUH-NUK) Golden consciousness

**Kanti Shri** Cathy Toll (KAN-TEE) Wealth of brilliant light of spirit

**Kanti** Kelly Creech (KAN-TEE) Hidden brilliance & life; Holding the inner glow

**Karuna** Kathy Roberts (KAH-RUNE-AH) Compassion

**Kaveta** Candice Hrubovsky (KA-VEE-TA) Beautiful blessing of the heart that makes poetry come from the heart.

**Kirtan** Khita Whyatt (KEER-ton) Prayer

**Kunti Devi** Eileen Bond (COON-TEE-DEVEE) Coiled creative energy

**Ku Sum** Gabriel Kleinschmidt (KOO-SOOM) Gentle, beautiful white flower

**Lakshmi** Laura Smith (LOCKS-SHME) Wealth of spirituality; Wealth of good things

**Lalita** Lucile Doko (LA-LEE-TA) Goddess of Divine Energy

**Madhu Shanti** Margo Jackson (MAH-DO SHAN-TEE) Sweet Peace

**Mitra** Marty Kerr (ME-TRA) Friend to self and the Universe

**Mukta** Tana Dean (MOOK-TA) Freedom from the shackles of the past

**Namrata** Lisa Abrams (NAM-RAH-TAH) Without ego; graceful humility

**Narendra** Dan Bachmann (NAH-REN-DRA) Leader, guide for humanity

**Nayna** Nancy Sloan (NYE-NAH) To see clearly through the third eye

**Nirali** Becky Kleinschmidt (NEAR-AHL-LEE) Uniqueness

**Nirjara** Carla Rodning (NEAR-JAH-RAH) Shedding the past

**Nirmala** Nancy Hanke (NEAR-MA-LA) Pure, without pollution

# Spiritual Names



**Nirvana** Jay Creech (Nir-VAH-nah) Overcoming all addictions and pleasures.

**Paras** John Bellingham (PAH-RAS) 23<sup>rd</sup> Tirthanker; Miraculous element turning metal into gold; Philosopher's stone

**Pooja** Sandy Scobie (POO-jah) Divine prayer of purity, clarity and divinity

**Poorna** Gail Salata (POO-R-na) State of perfection

**Prachi** Pat Thiel (PRA-CHEE) Light from the East

**Prakash** James Hunter (PRAH-KASH) Light

**Praparkar** Dan Pieri (PRA-PAR-KAR) Illumination, Sun.

**Prashant** John Walker (Pra-SHANT) Especially composed

**Prem Murti** Hadley Kleinschmidt (Prem MOOR-tee) Presence of love, Representation of love

**Prem Shree** Karen Stetz (PREM-SHREE) Goddess of love: love is my nature, love is my spirit, I am love

**Premal** Pat Takacs (PREM-L) Love

**Premnath** Frank Borowski (PREM-not) Lord of Love

**Purna** Peggy Motsch (PRAYER-NA) Inspiration to all

**Priti** Paula Yocum (PREE-TEE) Self-Love

**Priya** Tammi Johnson (PREE-YUH) Love of light; Light of Love

**Priya Darshna** Tia Hanke-Hills (PREE-YUH-DARSH-NA) Inspiring presence; daughter of Mahavir

**Priyanna** Brianna Zvonar (Pree-ANNA) I love myself; I will not hurt myself

**Raj** Robert Parmann (RAJ) Owner of the kingdom within, in perfect balance with the divine self.

**Raja Matee** Rychee Parmann (RAJA-MATEE) Woman in tune with the kingdom within.

**Rajashri** Susan Ashmore (RAJA-SHREE) Divine nobility and kingly spiritual wealth

**Raksha** Penni Helsene (RAK-SHA) Protector of the Divine within; caretaker

**Ravi** Robby Rutter (RA-vee) The sun which illuminates; the eye of consciousness

**Ram** Conor Hutton (RAHM) Pious, brave, conqueror

**Sadhana** Sarah Florida (SAH-DUH-NAH) Girl walking with spirit

**Saraswati** Laurel Sloan (SAH-ra-SWA-tee) Goddess of wisdom

**Sarita** Susan Wolf-Sternberg (SAH-REE-TUH) Flow like a river and grow

**Satyam** Henry Abrams (SAHT-yum) Truth, as it is

**Savita** Terri Heller (SAH-VEE-TUH) Sunlight; Illuminating light

**Shakti** Lara Bond (SHAHK-tee) Indestructable, sentient, creative, divine energy

**Shakuntala** Beverly Champagne (SHA-KOON-TUH-LA) Innocent consciousness

**Shantinath** Grant Howard (SHAN-tee-not) Lord of Peace 16<sup>th</sup> Tirtankar

**Sharda** Lauren March (SHAR-dah) Goddess of wisdom

**Shiva Devi** Zulema Suarez (SHEE-VUH DE-VEE) Transformation Goddess

**Shree Lata** Laura Bachmann (SHREE-LA-TAH) Growth of divine wealth within

**Shree Pal** Sean Stayduhar (SHREE-Pal) Caretaker of inner wealth

**Shreya** Darlene Domanik (SHRAY-AH) Bringer of bliss, benediction, blessings

**Siddhi** Yaa Ohenewah Edie Lewis (SID-DEE) Achieve your own goal

**Sohum** Stephen Florida (SO-HUM) Loving heart.

**Suchita** Susan Schmitt-Creech (Soo-CHEE-tah) Essence of purity; clean consciousness

**Sudha** Elise Domanik March (SOO-DUH) Nectar

**Sujata** Sara Abrams (Soo-JAH-tah) Born to be enlightened, aware, successful

**Sulsa** Sarah McGrath (SUEL-sah) Born for enlightenment Realization

**Sumala** Marla Raszka (Soo-MAH-lah) Garland of goodness

**Sumitra** Surella Borowski (Soo-ME-tra) Loyal friend in the light

**Sundaram** Justin Hutton (SUN-DAH-RUM) Beautiful Vision

**Surabhi** Susan Barnes (SIR-AH-BEE) Fragrance

**Tara Devi** Tressa Parmann (TAR-AH DE-VEE) Goddess of Stars

**Usha** Martha Smith (OO-sha) Spiritual dawn, light

**Vardaman** Alex Schmitt-Heatlie (VAR-duh-man) Ever growing; Birth name of Mahavir

**Veer** Bryce Hutton (VEER) Mahavir, 24<sup>th</sup> Tirtankara Brave, victorious

**Vijaya** Johnnie Chamberlin Brooks (VEE-JAI-YAH) Victorious; Overcoming the weaknesses

**Vimala** Dianne Griswold (VEEMA-LA) All cobwebs of the past are gone

**Vira** Melissa Schmitt-Heatlie (VEE-rah) Bravely moving in the direction of Consciousness

**Viraj** Gary March (VEE-RAJ) King of Goodness

# Volunteers Needed!

## Volunteer Structure

### Good Day Lighthouse Community!

As of late, there has been acknowledgment for the need to expand our volunteer base at the Lighthouse Center.

Currently, there are daily, weekly and monthly tasks that are being handled by a few people. This has made it challenging to maintain a healthy operational structure and process. One of the items that have been identified as a need is to create a Volunteering Structure that would itemize the specific daily, weekly and monthly tasks, an estimated time that these tasks would take to perform and the deadline for which these would need to be done.

As an additional incentive, an idea of increasing the volunteer membership value will be discussed by the Board. Ideally, with this Volunteer Structure in place, it would make it a lot easier for Members who are interested in volunteering to choose exactly what they would be doing and how much time it would take to perform the task in the interest of personal time scheduling. (Please take the time to review the Volunteer Structure attached to this email.)

Also, there are a few special volunteer requests we need to complete on:

1. Cleaning out closets in the Sanctuary and for the LHCI Store.
2. Coordinating Monthly Special Events, i.e. Book Clubs, Movies, etc.
3. Rapid Reiki Response Team Coordinator.
4. Election Committee.

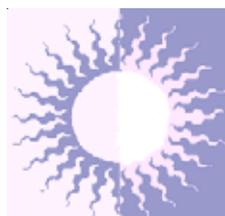
Realistically, your contributions to the Center in the form of volunteering far exceed the dollar value attached to it. Ultimately, without you, the Center would not exist. In our community, we have so many professional people from many diverse genres of work. Your help is very much needed!

If you choose to volunteer, please communicate with Akash Jon Swanson for volunteer organizational purposes at: [jcs1943@gmail.com](mailto:jcs1943@gmail.com).

Please consider volunteering for the Lighthouse Center and thank you for your involvement in the Lighthouse Community!

All the best!  
Namaste

Eshavas



### Message for the Year 2007

It is a time for celebrating the fresh new awareness of our time. The past is history. The future is imagination. But the present is a present which presents to us to live in amity, appreciation, compassion and equanimity with life around us.

*Chitrabhanu and Pramoda*

### TURN THE PAGE

In the dusk and cascade of water  
A voice spoke to me so clear  
Turn the page on what has been  
I love you so my dear

Peace washed over in me in the eve  
As babes I birthed smiled back  
You are with me in the moment  
There's no need to recount what is  
past

Passing through the door of what was  
I dropped the shawls of earlier days  
Hand and hand into the now  
What was  
What was  
What was

Turn the page on days gone by  
Chapter two as you walked out the  
door  
Gazing at the shadows of the moon  
The past can't hurt you anymore

-Nirali-

**Volunteer Structure for the Lighthouse Center for Spiritual Development:****Interior Tasks:****Bi-Monthly Cleaning:**

<b>Location:</b>	<b>Task:</b>	<b>Time Allotment:</b>
<b>Bathroom</b>	Clean toilets, floor, sinks, countertops, mirrors and disinfect bathroom stalls. Replace toilet rolls, soap, hand towels and hand lotion when empty. Empty trash in bathrooms	1 hour
<b>Hallway/Foyer/Office</b>	Vacuum rugs. Dust, credenza, walls and ceiling for cobwebs in hallway. Vacuum rugs and replace light bulbs in lamps in office and dispose of garbage. Remove mat and clean, dust walls, windows, doors and under bench in Foyer. Vacuum rug and replace mat in Foyer.	1 hour
<b>Practitioner's Space</b>	Dust shelves, window sill and chest. Remove garbage. Empty dehumidifier and replace the water receptacle. Vacuum couch if needed. General organization of practitioner's space (if necessary)	30 minutes
<b>Kitchen</b>	Wash the dishes in the sink, dry and replace in cabinets. Wash the tabletop. Wash the dish holder and draining board, counter tops, sink and microwave. Sweep/vacuum floor and wash. Vacuum rug and replace. Replace water in water container when empty. Wash front of refrigerator and on a quarterly schedule, clean out refrigerator and freezer. Empty trash/recyclables and take with us to dispose in our garbage/recycle bins, replace with fresh liner. Replace dish soap and paper towels as needed. Clean coffee maker (if necessary) Go through food in baskets and throw out food that has been sitting for a longtime or is outdated.	1 hour
<b>Sanctuary</b>	Dust altar, statues, icons, shelves and railings. Vacuum all floor space. Dust and clean glass table. Dust walls and near ceiling. Re-arrange couches, meditation chairs and pillows. Dispose of garbage. Fold blankets and arrange near healing bed. Arrange futon and bedding on healing bed. Quarterly, vacuum couches and replace healing boards. Annually help in cleaning blankets. Take candle holders off tray and put in freezer. Clean and replace tray	1.5 - 2 hours
<b>Special Events:</b>		
<b>Mailing Parties</b>	Preparing, folding, labeling and applying postage to mailings for events. <b>Food is provided to volunteers (usually Pizza)</b>	45 - 120 minutes
<b>Gurudev Events</b>	2 parking attendants from 9:00 a.m. to 10:00 a.m. 2 people to register attendees 9:00 a.m. to 10:00 a.m. 3 people working in kitchen: 1 person for 9:00 a.m. (reception of fruit to be washed for blessings) 1 person for 11:30 a.m. (set up food table, host/hostess, stock plates/utensils) 1 person for 1:30 p.m. (clean-up of kitchen, straighten up, trash, clean dishes)  Set up in Sanctuary (on the evening before the event): 2 people for time TBA (aligning couches, clean up, altar organization, etc.)	1 hour 1 hour  1 hour 1 hour 1 hour  30 - 45 minutes
<b>Puja Events</b>	1 person to laminate Puja pictures 1 person to set-up tables 1 person to register attendees 1 person to set up for Candlelight after Puja	1 - 1.5 hours 15 minutes 1 hour 30 minutes
<b>All Students Party</b>	1 person to set up tables and bags for messages 2 people to prepare flyers 1 person to prepare folders Preparing messages (time dependent on specific message being prepared)	45 minutes 1 - 1.5 hours 1 hour 3 - 5 hours
<b>Store Stock Person</b>	Stocking and organizing products in store.	1 hour
<b>Address Book Mgr.</b>	1 person to update Lighthouse Center Address Book (Spiritual Names List, Birthday List, Address List, Members List.) Initial Set-Up of Microsoft Access Program	1 hour bi-weekly  3 hours

**Exterior Tasks:****Seasonal Tasks:**

<b>Location:</b>	<b>Task:</b>	<b>Time Allotment:</b>
<b>LHC Yard/Property</b>	2 to 4 people for raking leaves (when necessary) Mowing and trimming lawn (once every week or bi-weekly depending on weather) Planting plants and flowers (watering when necessary, self-watering system) Forest pathway maintenance (trimming bushes and trees, clean-up) Repainting Lighthouse Center Parking Gate (when necessary)	1-3 hours 2-3 hours 1-2 hours 1 hour 1- 1.5 hours
	1 person for sidewalk snow removal and salting 1 person for parking lot snow removal (preferably with truck plow)	30 minutes 1 hour

# Life in Retrograde

*Richard J. Smoot, Certified Astrologer*

Several weeks ago, I sent a Yahoo LHC forum regarding the Mercury stationing and retrograde motion. Later I realized that several other “personal” planets have been going retrograde and another will go retrograde in November. I knew I needed to give this information to Lighthouse members and friends.

In general, much of the public has either accepted or heard of the retrograde motion of Mercury as either useful information, an excuse when things go wrong or more astrological twaddle. Western astrology has a different view of the heavens than science. Symbolism is the inherent nature of astrology and metaphysics and for that reason, Earth, not the Sun, is at the center of our “universe”. Western astrology and its symbolism are our observation, perception and view from here on planet Earth. Science is not symbolic, so science takes the view of the Sun as the center of our solar system.

Retrograde motion occurs when the Sun is in-between the Earth and another planet. This would mean that all planets and objects in our solar system will have retrograde motion, except the Sun and the Moon. Mercury is especially important to us because it is a *personal planet* and is part of our daily life. In astrology, personal planets compose our ego and our personal style. The personal planets are the Sun, Moon, Mercury, Venus and Mars. The Sun and Moon are really luminaries, but for ease of use, astrologers simply call them “planets.”

Each of us has all of our planets in some degree of the zodiac. So when there is an astrological phenomenon, such as retrograde motion, anyone having a planet at that location will experience the lessons of that retrograde. If the retrograde “hits” a personal planet of yours, then the retrograde will affect you and your ego *personally*.

For the last one-half of 2007, let us look at the retrograde motions of the personal planets as they are in the sky.

## **Mercury**

He slowed down and went retrograde (Rx) on October 15, 2007. The Rx period is always around 21 days, so it will go direct on November 2, 2007, HOWEVER there is a period called ‘Mercury’s Shadow’ (see next paragraph) and lasts until November 17, 2007. The Rx period is a great time to organize, pay attention to details and avoid making decisions and signing contracts. It is also a good time to try extra hard not to assume ANYTHING and always be mindful and present. Often under Mercury Rx we feel overwhelmed and stressed, as though we can’t get on top of things. The mind (Mercury) is retreating within us. It’s great to read, do puzzles and especially to meditate. It would be an excellent time to begin learning to meditate or yoga or go inward. During its shadow period, things may feel like they’re getting back in order and your stress may begin to alleviate as you are understanding things. In a way it’s like a recovery period where you are reviewing the period before you return to what things were like prior to October 15, 2007. Essentially Mercury Rx is a time for us to mentally retreat and nourish our mind and give us a chance to recover from the stress placed on our minds by the outside world.

## **Venus**

Analogous to the myth of Persephone, also known as Venus, (beauty, Nature) returns to the Underworld (hidden, to be not in sight) to spend approximately forty-two days with Pluto (Death, Sex, Transformation, Birth). Venus has a very erratic period where she is retrograde. Last time was in the 1990’s and the next time in the 2020’s. Currently Venus went retrograde on July 27, 2007 and went direct on September 9, 2007. She was out of her shadow on October 11, 2007. Venus Rx is a time when things of value, harmony, beauty, Nature, justice and love retreat from the world. During the period we can feel frustrated by the apparent lack of cooperation and inability for others (and self) to compromise. During this period it is helpful to remove yourself from relationships that typically cause stress or if you can, do not pursue new relationships or any situation which requires agreement, harmony or cooperation. Tolerance can be

difficult and you may find yourself less tolerant of others and may want to draw yourself away from the world. Women are often withdrawn and not interested in intimate relationships. This is a good time to review your appreciations and to complete relationships that need ending. Atonement and appreciation of others and how they affected your life can be curative at this time, even if the other person rejects any action on your part; just let it go.

## **Mars**

Known as the ‘God of War’, Mars is simply our ability to assert ourselves and to initiate actions and expend energy. We cannot move forward without Mars. His retrograde motion begins on November 15, 2007 and lasts for approximately seventy-five days (January 31, 2008.) Mars Rx will then be out of its shadow for us to recover by April 5, 2008. With Mars behind the Sun (Rx), his purpose is for us to see the darker side of our individual and collective selves. It is often marked by notable disasters or large accidents, yet personally we may find ourselves and others on a “trigger” and potentially lash out in anger or explosion. Men are often explosive and not interested in real intimate relationships; their sense is to brood and be incommunicative. Intimacy is one of the assets of Mars, so with Mars Rx intimacy goes on vacation and we are left without our ability to assert ourselves. Mars Rx periods are quite difficult for any already formed agreement, contract or any written or un-written understanding. There are challenges, especially personal, to one’s character. It is as if energy becomes disconnected, as a high voltage power line acts when it falls on the ground. During Mars Rx, try to revive and reserve your energy. There is really no use to expend it. Staying calm and “above the fray” is a good position, yet it is extremely important to be always “in the present” even more than usual. With Mars Rx, accidents, cuts, burns, injury occur when we let go of our focus on the world and drift in thought.

*Richard can be contacted at 734-320-2783 or e-mail at richard@richardjsmoot.com. His website: www.astrologysoftwareshop.com has astrological reports of every kind. He is available for personal consultations.*



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### Thanks Giving Prayer

Today we give thanks for this vegetarian meal and the people who have labored to harvest and prepare this meal for us. We give thanks for the many lives that have contributed to our lives. We also ask for forgiveness from the living beings that we have harmed, intentionally and unintentionally.

We are grateful for our health and the opportunity to eat with others on this day. We aspire, with compassionate hearts, to use the energy that we gain from this meal and from our friends, to contribute to the peace and happiness of all living beings.

We pray that all the people of the world will avoid inflicting harm on animals and fellow human beings and practice nonviolence and compassion. We express our sorrow at the suffering of all the turkeys and other animals that have died. May peace and compassion grow in ourselves and extend to all around us.

Namaste,

*(The original draft was prepared by Dr. Jina Shah of Northern California, and was edited by the Jaina Education Committee.)*

## WORLD PEACE DIET

On Tuesday, September 25th I scurried from my yoga class to attend a talk given by Will Tuttle, Ph.D. and Zen master, on his new book, "The World Peace Diet—Eating for Spiritual Health and Social Harmony". His talk was being sponsored by MARS, the Michigan Animal Rights Society at the University of Michigan, Chitrabhanuji had recommended him, and Nirali had been to his piano concert on Sunday, so I didn't want to miss him. I had no idea where the building was where he was speaking, but a stranger magically appeared just in time to show me the way.

A vegan for 27 years, Will and his artist wife Madeleine have been traveling around the country for the last 12 years in their RV, meeting with people, composing and playing piano, talking about peace and vegetarianism. He spent the last five years writing his book, which connects our food choices to "environmental degradation, enormous health problems and unimaginable cruelty to our fellow creatures". He spoke of a "hidden mentality" in our country (all meat eating countries) of massive violence to animals so that they could become our food. This hidden mentality leads us to treat animals as things instead of the living beings that they are. Once we reduce them to commodities, we can dominate them, oppress them, and make them obese to make more money off them, kill them and then eat them. We have become so "disconnected" from our own spiritual nature that we can easily disconnect the reality on our plate from the reality of the animal that was killed to be on our plate.

In his book he brings to bear systems theory, mythology, and teachings from religion and the human sciences to help us understand how we have evolved to this point of animal sacrifice and to show how we as a species can move beyond to a higher consciousness which values and respects all living beings. No wonder Chitrabhanuji recommended him.

His book and piano music on CDs will be available at the Lighthouse Center; they might make an excellent choice for a holiday gift. I asked Will how we can keep on going, surrounded by meat eaters, and not lose our equanimity. He said, "Plant seeds, then let go." He also encouraged vegans and all vegetarians to keep a positive attitude, and see the beauty and joy in life.

A wise man, an excellent book, moving piano music

## Recipe Corner

Spiced Carrot Spread...Vegan Style

- 1 pound carrots
- 1 medium russet potato
- 2 cups fresh bread cubes, crust removed 2 Tablespoons extra virgin olive.
- 2 Tablespoons fresh squeezed lemon juice 2 clove garlics minced
- 2 teaspoons ground cumin
- 2 teaspoons paprika
- 1 teaspoon ground coriander
- 1/4 teaspoon salt
- 1/4 teaspoon cayenne

Scrub and dice carrots and potato.

Place both in saucepan with water to cover and bring to a boil. Cook 10-15 minutes until tender. Drain well and transfer half the mixture to a food processor.

Add bread, oil, lemon juice, garlic, cumin, paprika, coriander, salt and cayenne and process until bread is smoothly incorporated.

Add remaining carrots and potatoes and pulse until finely chopped.

Serve at room temperature or chilled. Can be refrigerated covered for 2 days. Good on baguette slices, rice cakes or crackers, or as a sandwich spread on a pita, topped with lettuce and tomatoes.

Enjoy this vegan recipe.

Sarita.

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**The Lighthouse Beacon**

Editor: Nirmala Nancy Hanke  
Calendar: Anna Haase  
Layout: Richard Smoot

## DONATION/PLEDGE FORM

*Please print*

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Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Other Phone \_\_\_\_\_

*(indicate fax, cellular, etc.)*

Email address \_\_\_\_\_

Put me on the Lighthouse Center email list: Yes \_\_\_\_\_ No \_\_\_\_\_

Put me on the Lighthouse Center postage mailing list: Yes \_\_\_\_\_ No \_\_\_\_\_

\_\_\_\_\_ Please check if this is a new address, phone, or pledge change

I want to help maintain our Lighthouse Center on a firm financial base.

1. Enclosed is my DONATION of \$ \_\_\_\_\_.

2. My total PLEDGE for the calendar year of \_\_\_\_\_ is \$ \_\_\_\_\_, to be paid in equal installments of \$ \_\_\_\_\_ (or in volunteer time at \$10.00/hour\*)

Monthly \_\_\_\_\_ Quarterly \_\_\_\_\_ Semi annually \_\_\_\_\_ Annually \_\_\_\_\_

Pledge amount included with this form \$ \_\_\_\_\_ Balance due \$ \_\_\_\_\_

\_\_\_\_\_ Please check to have pledge envelopes mailed to you

Signature \_\_\_\_\_ Date \_\_\_\_\_

We are a non profit charitable organization under Section 501(c)(3) of the Internal Revenue Code; therefore, gifts to the Lighthouse Center, Inc. are tax deductible as provided by law.

Please make checks payable to Lighthouse Center, Inc. and mail to:  
 Treasurer, Lighthouse Center, Inc.  
 P.O. Box 645  
 Whitmore Lake, MI 48189

*\*For any questions regarding volunteer hours,  
 contact Akash Jon Swanson at: [jcs1943@gmail.com](mailto:jcs1943@gmail.com)*

**Directions to:  
THE LIGHTHOUSE CENTER  
740 East Shore Drive  
Whitmore Lake, MI**

**Lighthouse Hotline (734) 449-0611**

**FROM I-94, US-23 AND ANN ARBOR**

Exit US-23N at Exit 50 (6 Mile Road), but do not turn left or right, just go straight and follow Main Street into Whitmore Lake (past middle school on left). At the traffic light at East Shore Drive, turn right. Follow East Shore Drive approximately 1.2 miles and the Lighthouse Center will be on the right. (*Driveway is marked with sign and four vertical reflectors.*)

**FROM I-96, US-23 AND BRIGHTON**

Exit US-23S at Exit 53. Turn left. This street becomes southbound Main Street. Follow Main Street through Whitmore Lake. At the traffic light at East Shore Drive, turn left. Follow East Shore Drive approximately 1.2 miles and the Lighthouse Center will be on the right. (*Driveway is marked with sign and four vertical reflectors.*)

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