



Lighthouse Center, Inc.

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A Center for Spiritual Development founded by Chetana Catherine M. Florida

MEDITATION SPONSORS

Many people attending Nirmala's Introductory Meditation Lecture have asked if they could call someone or talk with someone if they had questions about meditating. So, we have decided to offer a Meditation Sponsor to each person attending the lecture. After the lecture, you will be given the name and phone number of a Lighthouse member who will be your Meditation Sponsor. You can call her or him with any questions or concerns you have about your meditations. You will exchange phone numbers with your sponsor.

YOUR MEDITATION SPONSOR:

Name

Phone Number

----- (Detach Here) -----

YOUR NAME AND PHONE NUMBER:

Name

Phone Number