

New Year's Eve Ceremony

Release 2018 and welcome 2019 with the power of Meditation.

Catherine Chetana Florida, founder of the Lighthouse Center channeled this ceremony. By meditating at this special time one connects with the high transition energy of one year ending and other beginning, therefore your meditation is more empowered.

It is very important to realize that the energy that you choose to experience as the New Year comes in, directly affects your whole year. Choose to experience your unlimitedness through the God Energy for 2019 with this special ceremony.

The specific directions channeled are listed below so you may do this at your home.

The doors open at the Lighthouse center at 11:00 pm (may do your lists-see directions below), chanting starts at 11:20, meditation at 11:30 to release 2018, second meditation starts around 11:50 for 2019, so we are all in deep meditation when 12:00am arrives, meditation ends around 12:15am or so. Celebration and Vegan potluck follows!

Supplies and Preparation Needed (To be done before New Year's Eve):

1. Obtain 9 white votive candles and holders.
2. Make a list of all situations, emotions, feelings, etc., occurring in 2018 that you want to release as the year ends.

Make a list of aspirations, goals, hopes, dreams, etc. (desires) that you have for 2019.

Ceremony:

This is a Celebration of the New Year. It is the time to setup the highest vibrations for your life in 2019. Do the ceremony joyfully, or not at all. Invite other meditators to do it with you or do it by yourself (you will be by yourself only on the physical level!).

For 2018 (*Begin at 11:15 or earlier; but not later than 11:30 pm*)

1. At 11:30, make a verbal dedication that as the old year ends, your old conflicts, upsets and angers will be ended; so that you may be ready to begin the New Year of 2019 in the highest vibration.
2. Put only your list of things to release in the center of the circle.

Lighthouse Center Inc, New Year's Eve Ceremony

3. Bring down the White Light and Guides and then Meditate until around 11:50pm (this will be 20 minutes).

For 2019

1. Welcome in the New Year, verbally. Put your list of **aspirations** for 2019 in the circle, on top of the other list.
2. Continue to Meditate for another 20 minutes (minimum).
3. Give Thanks to the God Energy and to all of your Guides for being with you. Give Thanks for the New Year of 2019.

SPECIAL NOTE:

It is very important to realize that the energy that you choose to experience as the New Year comes in, directly affects your whole year. Choose to experience your unlimitedness through the God Energy for 2019.

Additional Preparation for the New Year's Eve Celebration

1. It is **VERY IMPORTANT** to be as well-rested as possible (e.g., take an afternoon nap if necessary), so that you can remain awake through the celebration.
2. Since this is a “Special Celebration” for attracting in the highest vibration for the New Year, make sure that you feel good about the way you look for the celebration. Take time to do those things that you would normally do when getting ready for a special celebration. Prepare yourself by taking a relaxing bath or shower, and follow through with whatever practices you usually do before an important celebration.
3. Plan to wear something that you feel “Special” in (whatever is special to YOU).
4. Wear, or place around you, the special stones or crystals that you have.
5. Do **not** eat after 9:00 PM. You can eat after your New Year’s Meditation.
6. As stated before, enjoy the celebration with a group of meditators, or by yourself (in the physical sense only). We will all be together on the astral plane!!! See everyone there.